

Dear Parent(s) or Guardian(s),

Attached you will find a curriculum that was adopted by the Health, Human Growth and Sexuality committee and the Board of Education of USD 467 on May 4, 1998. This curriculum was significantly updated by a committee of site council members, certified staff, and the school health team from a May 16, 1988 curriculum which was revised in May 1994. Changes were adopted by the board by the Board of Education of USD 467 on May 4, 1998.

The purpose of this curriculum is to develop a positive attitude about health, human development and human sexuality. The emphasis throughout this program is to strive toward becoming healthy, responsible and caring adults. Our desire is to support the family unit and develop the responsibilities of the student to themselves as well as their responsibilities to the family and society. Our intent is to supplement the efforts of the parents.

If you have questions about the materials to be used, you may make an appointment to examine the materials at the school. All human sexuality materials must be reviewed by the student's parent/guardian before the student can be signed out of any human sexuality objectives. Human sexuality objectives are marked in the curriculum with an asterisk (\*). These are only taught in grades five through nine. Any objectives that are not human sexuality objectives or sexually transmitted disease objectives are considered part of the essential health and human development program and therefore should not be considered for opting students out. We believe parents are the foremost human sexuality/family educators, and the purpose of our curriculum is to supplement the efforts of parents. We encourage you to ask your child about the objectives being taught and to communicate your own thoughts.

If after reviewing the material, you have an objection concerning any of the human sexuality topics at your student's grade level, please respond in writing to the principal. Our student will then be given an alternate assignment such as a research activity which will be determined by the teacher, parent and principal. Upon completion of the project, your student will receive appropriate credit for the work.

If your student is in fifth grade or higher, please complete the bottom section of this letter and return it to the school. If you have any questions or comments, feel free to call the school. Thank you for your continued support.

Sincerely,

Unified School District 467

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\_\_\_\_\_  
(Student's Name)

\_\_\_\_\_ I give consent for my child to participate in human sexuality objectives (grades five through nine only) that were adopted by the Board of Education of USD 467,

\_\_\_\_\_ I would like to review materials that will be used to teach the human sexuality objectives before deciding on consent. Please have the teacher contact me.

\_\_\_\_\_  
Parent/Guardian's signature

\_\_\_\_\_  
Date

Signature is good for 7<sup>th</sup> and 8<sup>th</sup> grade year.

## Wichita County USD 467 Health, Human Development and Human Sexuality Curriculum

### 8<sup>th</sup> Grade

- I. **The students will be able to describe some effective techniques in dealing with the following life management skills: (social studies teacher-Project Alert materials)**
  - A. Ways to develop a positive self-esteem
  - B. Definition of abstinence and immediate and future benefits for teens who abstain from sexual activity. (taught by the science teacher)
  - C. Abstinence from harmful behaviors
  - D. Techniques to develop strong refusal skills
  - E. Ways to communicate with others effectively
  - F. Ways to manage feelings and emotions appropriately
  - G. Techniques to deal with bullying personalities
  - H. Communication with parents or a trusted adult to help with confusing issues
  - I. Positive and negative aspects of a decision and its consequences
  - J. Short and long term goals
  - K. Stress factors in one's life
  - L. Effects of stress
  - M. Coping with stress
  - N. Respect for others-peers, adults, family, and selves
- II. **The students will recognize the following consequences and responsibilities of teenage pregnancy:  
(One class period-Science teacher-"Right Choice-Abstinence" video)**
  - A. Interruption of schooling, employment plans, social and family life as a result of teenage pregnancy
  - B. Financial consequences of teenage pregnancy
- III. **The student will identify the following appropriate actions for dealing with abuse, violence, and exploitation: (One class period-science teacher-health textbook)**
  - A. Reporting, prevention strategies, surviving and getting help for abuse, violence or exploitation
  - B. Teenagers can be sexually abused, coerced, or harassed by other teenagers or adults
  - C. Peer pressure lines and media influence (social studies teacher-Project Alert materials)
- IV. **The students will demonstrate an understanding of the following basic first aid methods:  
(One class period-PE Teacher)**
  - A. Proper procedures for handling body fluids
  - B. Emergency assistance procedures
  - C. Chocking
  - D. Burns
  - E. Lacerations

Teachers Responsible: Science and Social Studies

Materials used: Science and Health textbook, Project Alert materials